It is always said that ordinary people can do extraordinary things. I would like to make it a bit more apt. ordinary people can do extraordinary things provided they realize their potential. Coming to the institute is one of the finest choices I have ever made and the best way to have spent 14 days. Would always miss General Kandal and his teachings which forces one to self introspect, bring changes from within and to always keep questioning oneself about the mundane things around "Saral, Sahaj and Seedha" and" apni value zero mat karo" being two of the many things he taught me and has somewhat gotten engraved in the personality and Mr. CS Kandal, whose endless lecturettes and group discussions free you of stage fright, interacting with a crowd will never be a problem after he has trained you. Got placed in Amazon recently and I owe my sincere gratitude to this institute. Although I may not go for my ssb now, I am sure I would have done an exceptional job had I gone. Definitely the best place to train for SSB, no doubt, moreover it is the qualities and traits that this institute brings out from within which one might never realize. The best way to spend 14 days and cherish the feeling for the rest of your life. I will forever keep recommending this institute to all SSB aspirants and as a matter of fact, to everyone who happens to be free and can do with some 'life changing enlightenment'.